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ABSTRACT

This document contains an introduction to the Ohio Integrated Technical and Academic Competency (ITAC) and Specialization ITAC; an overview of the nurse assistant occupation; a list acknowledging professionals who helped develop the competency list; and the comprehensive list of the professional or occupational competencies deemed essential for graduates to be able to perform proficiently when they graduate from an Ohio specialization workforce development program for nurse assistants. The introduction explains the following: (1) critical academic, employability, and information technology skills have been integrated throughout the list to support the technical skills; (2) the competency profile can be used as the basis for curriculum development in Ohio's secondary, adult, and postsecondary programs; and (3) the specialization competency profile is organized so that it can be clustered or grouped in a modular approach. The overview of the nurse assistant occupation describes general duties, some specific tasks, employment opportunities, length of program, type of program (classroom instruction and/or work experience), and types of certificates and/or degrees. Competencies are grouped under broader skills that are, in turn, categorized under these 14 major topics: nurse assistant orientation; physiology and anatomy; emergency care; infection control and resident/client safe practices; legal and ethical responsibilities; communication skills; basic personal care; vital signs; nurse-related procedures; death and dying; care of elderly resident/client; care of resident/client with special needs; restorative duties; and home health care. (YLB)

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Nurse Assistant

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Specialization Integrated Technical and Academic Competency (ITAC)

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Acknowledgements

Overview

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50.02.00.0	Physiology and Anatomy
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Specialization Integrated Technical and Academic Competency (ITAC)

Updated Friday, September 14, 2001 02:20 PM

Introduction to the Specialization ITAC

Revised 2001

The Ohio Integrated Technical and Academic Competency (ITAC) profiles are developed under the auspices of the Ohio Department of Education and the Ohio State Board of Education. They provide a broad-based educational response to Ohio's need for a skilled workforce. Each Specialization ITAC represents a profile of the professional or occupational competencies deemed essential for a graduate to perform proficiently when he or she graduates from the specialization workforce development programs in Business and Marketing, Industrial and Engineering Systems, Health Occupations, or Family and Consumer Sciences. The Specialization ITAC profile, in conjunction with the competencies identified in the Foundation and Clusters ITACs, provide a career pathway that can lead to employment or further education.

Process and Intent

The integrated competency lists are the result of all encompassing research and review of existing competency profile lists and includes input from industry, labor, professional organizations, professional and industrial representation, and national standards for a specific industry/profession. Representatives from a broad cross-section of Ohio professional organizations, businesses/professions, industry, and labor played a critical role in identifying current and future knowledge and skills for the industry, and defining the vision and scope of the profession/industry. The instructional methods and teaching strategies are the responsibility of the local school system and/or instructor.

Curriculum Applications Using the ITAC Competency Profiles

Each profile includes a comprehensive listing of occupational skill competencies that reflect the job opportunities and skills that are required to work in a specific profession/career pathway. Critical academic, employability and information technology skills have been integrated throughout the list to support the technical skills. These competency profiles will be used as the basis for curriculum development in Ohio's secondary, adult, and post-secondary programs. The specialization competency profiles are organized so that they can be clustered or grouped in a modular approach. Individual curriculum specialists can use the competencies profiles to develop instructional programs based on local needs as determined in conjunction with their local advisory committees. i.e., the specialization cluster academy approach. Final assessments will be designed to accompany each profile list and to accommodate student evaluation by modules.

Career Pathways | FasTrak ITACs

Acknowledgements
Ohio Department of Education
Office of Career-Technical and Adult Education
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Overview

Nurse Assistant

The Nurse Assistant program is designed to prepare students to meet the demands necessary for multi-skilled nurse assistants who can assist in providing health-care to patients who may need long-term care or provide home health care for patients recovering from medical illnesses or to assist with daily living needs. A successful assistant needs to enjoy working with people and interacting with others.

Students receive classroom theory information and laboratory practice, along with experience in clinical settings where they can apply practice and acquire Nurse Assistant skills in real life situations. CPR training is provided in addition to training in basic first aid.

The instructional program incorporates various units in the curriculum including: basic physiology and anatomy, emergency care responsibilities, communication skills, basic personal care, vital signs, nurse-related procedures, care of elderly resident/clients, care of residents/clients with special needs, restorative duties and home health care.

Successful graduates are eligible to take Ohio's Examination to become a State-Tested Nurse Assistant. Employment may be found in a variety of settings; e.g., in a nursing care center, assisted-living center, hospital, physician's office, home health setting, or in other health-care positions. There are many job opportunities for nurse assistants as health-care needs in our society change.

Working as a Nurse Assistant is often a stepping stone for graduates as they further their education in advanced health care programs, e.g., practical nurse, registered nurse, radiographic technician, physical or occupational therapy, or other related careers.

50.00.00.0 Nurse Assistant

50.01.00.0 Nurse Assistant Orientation

50.01.01.0 Define role of the nurse assistant

50.01.01.01 Outline the scope of the nurse assistant
50.01.01.02 Survey the history of the nurse assistant career
50.01.01.03 Identify career opportunities of the nurse assistant

50.01.02.0 Project professional image

50.01.02.01 Exhibit professional image, attitude, and manners
50.01.02.02 Demonstrate dependability, loyalty, caring, respect, and honesty
50.01.02.03 Demonstrate initiative and self-confidence
50.01.02.04 Identify individual's role to employing organization
50.01.02.05 Demonstrate positive relations in the workplace
50.01.02.06 Demonstrate teamwork in the workplace
50.01.02.07 Recognize diversity in the workplace
50.01.02.08 Maintain confidentiality in handling discretionary issues
50.01.02.09 Participate in staff meetings

50.01.03.0 Demonstrate familiarity with clinical facility

50.01.03.01 Identify the location of fire exits and escape routes
50.01.03.02 Demonstrate the use of fire extinguishers
50.01.03.03 Demonstrate use of personal safety apparatus
50.01.03.04 Identify specialized facility equipment
50.01.03.05 Access needed information using manufacturer's instructions/manuals
50.01.03.06 Describe the physical layout of given clinical facility

50.01.04.0 Follow facility policies

50.01.04.01 Comply with dress code
50.01.04.02 Demonstrate grooming habits appropriate to given facility
50.01.04.03 Comply with facility policy and procedure manual and/or handbooks
50.01.04.04 Comply with facility expectations for specific job assignments
50.01.04.05 Identify facility security policies

50.01.05.0 Identify facility evacuation procedures

50.01.05.01 Identify actions to take in the event of fire
50.01.05.02 Identify actions to take in the event of natural disaster
50.01.05.03 Identify actions to take in emergency situations other than fire or natural disaster

50.01.06.0 Identify the roles and responsibilities of the health care team

50.01.06.01 Differentiate between acute care, long-term care, and home care
50.01.06.02 Identify the major responsibilities of a nurse assistant
50.01.06.03 Identify nursing staff responsibilities
50.01.06.04 Identify the roles and responsibilities of the governing body (e.g., the owner, administrator, director of nursing, medical director, and other persons of authority)
50.01.06.05 Identify the roles and responsibilities of regulatory and survey agencies (e.g., Ohio Department of Health (ODH), Occupational Safety and Health Administration (OSHA), Center for Disease Control (CDC), and Joint Commission on Accrediting Health Care (JCAHO) organizations
50.01.06.06 Identify roles and responsibilities of resident client advocates, ombudsman, and client care advocates
50.01.06.07 Identify the roles and responsibilities of health care personnel (e.g., resident/client's private physician, volunteers, social services personnel, physical therapist, occupational therapist, and support staff)

50.01.07.0 Identify state and federal nurse assistant requirements

50.01.07.01 Define standard terms and abbreviations associated with the governmental regulation of nurse assistants
50.01.07.02 Describe the purpose and procedures of nurse assistant training
50.01.07.03 Describe the purpose and procedures of nurse assistant evaluation
50.01.07.04 Identify the procedures for being tested and recorded/maintained on the nurse assistant registry
50.01.07.05 Identify the process for reporting and recording the abuse, mistreatment, and/or neglect of a resident/client by a nurse assistant
50.01.07.06 Maintain current status on Nurse Assistant Registry

50.01.08.0 Identify the spiritual and cultural aspects of resident/client care

50.01.08.01 Identify the nurse assistant's role in the spiritual aspects of resident/client care
50.01.08.02 Identify the role of cultural diversity in resident/client care and its importance to the nurse assistant
50.01.08.03 Identify resources and support persons that can assist resident/client in coping with their feelings

50.01.09.0 Describe the resident/client care-planning process

50.01.09.01 Identify the purpose of the resident/client's comprehensive assessment
50.01.09.02 Identify the purpose of the resident/client's care plan
50.01.09.03 Identify the purpose of the resident/client's care conference
50.01.09.04 Identify the nurse assistant's role in the care planning process and care conference
50.01.09.05 Identify the nurse assistant's role in gathering and documenting for care plan

50.01.10.0 Demonstrate knowledge of health care settings

50.01.10.01 Identify the purposes of different health care settings
50.01.10.02 Differentiate between the skills needed by a nurse assistant for long-term care, for acute care and for home care
50.01.10.03 Identify the skills needed to work as a nurse assistant in each health care setting

50.02.00.0 Physiology and Anatomy

50.02.01.0 Demonstrate knowledge of the basic anatomy of body systems

50.02.01.01 Identify the basic anatomy of the integumentary system
50.02.01.02 Identify the basic anatomy of the nervous system
50.02.01.03 Identify the basic anatomy of the senses (i.e., sight, hearing, smell, touch, taste)
50.02.01.04 Identify the basic anatomy of the cardiovascular system
50.02.01.05 Identify the basic anatomy of the respiratory system
50.02.01.06 Identify the basic anatomy of the musculoskeletal system
50.02.01.07 Identify the basic anatomy of the gastrointestinal system
50.02.01.08 Identify the basic anatomy of the urinary system
50.02.01.09 Identify the basic anatomy of the endocrine system
50.02.01.10 Identify the basic anatomy of the reproductive system
50.02.01.11 Identify the basic anatomy of the immune system

50.02.02.0 Demonstrate knowledge of the basic physiology of body systems

50.02.02.01 Identify the basic physiology of the integumentary system
50.02.02.02 Identify the basic physiology of the nervous system
50.02.02.03 Identify the basic physiology of the senses (i.e., sight, hearing, smell, touch, taste)
50.02.02.04 Identify the basic physiology of the cardiovascular system
50.02.02.05 Identify the basic physiology of the respiratory system
50.02.02.06 Identify the basic physiology of the musculoskeletal system
50.02.02.07 Identify the basic physiology of the gastrointestinal system
50.02.02.08 Identify the basic physiology of the urinary system
50.02.02.09 Identify the basic physiology of the endocrine system
50.02.02.10 Identify the basic physiology of the reproductive system
50.02.02.11 Identify the basic physiology of the immune system

50.03.00.0 Emergency Care*

50.03.01.0 Complete course in first aid

50.03.01.01 Complete first-aid training in accordance with American Red Cross standards
50.03.01.02 Update first-aid skills through specialized training sessions
50.03.01.03 Recognize emergency situations (e.g., severe bleeding, seizure, fainting, shock)
50.03.01.04 Perform first-aid measures appropriate for a given situation
50.03.01.05 Perform the Heimlich maneuver

50.03.02.0 Complete course in cardio pulmonary resuscitation (CPR)

50.03.02.01 Complete one-person adult CPR training in accordance with American Heart Association or American Red Cross standards
50.03.02.02 Maintain CPR certification annually

50.03.03.0 Identify the roles of various personnel in responding to emergencies in the health care facility

50.03.03.01 Identify facility policies governing emergencies
50.03.03.02 Identify the location of emergency equipment
50.03.03.03 Identify the personnel with primary responsibility in emergency situations
50.03.03.04 Identify the nurse assistant's role in emergency situations

50.04.00.0 Infection Control and Resident/Client Safe Practices

50.04.01.0 Demonstrate established procedures for dealing with environmental safety hazards, accidents, and disasters

50.04.01.01 Identify the environment of the local health care setting
50.04.01.02 Follow the environmental safety rules of given facility
50.04.01.03 Identify fire prevention and control methods, location of fire alarm systems, fire reporting procedures, and facility exit routes
50.04.01.04 Follow the established safety precautions for using equipment
50.04.01.05 Follow the established safety precautions for using liquids and poisonous substances
50.04.01.06 Identify resources for poison control and hazard communications
50.04.01.07 Conduct safety inspection of resident/client areas
50.04.01.08 Correct identified safety hazards as directed
50.04.01.09 Participate in completing written incident reports for accidents or safety infractions
50.04.01.10 Identify the legal implications of accidents in the health care facility
50.04.01.11 Identify reasons that a resident/client may be more susceptible to accidents
50.04.01.12 Employ precautions designed to prevent resident/client from falling
50.04.01.13 Employ techniques designed to prevent resident/client from being burned by hot liquids or lit cigarettes
50.04.01.14 Employ techniques designed to prevent resident/client from choking or ingesting harmful substances
50.04.01.15 Follow established procedures for situations in which a resident/client chokes or ingests a harmful substance
50.04.01.16 Follow established safety procedures for handling hazardous substances and sharps

50.04.02.0 Demonstrate the general principles of medical asepsis

50.04.02.01 Define standard infection control terms
50.04.02.02 Identify modes of transmission for infection
50.04.02.03 Identify common communicable diseases and the modes of transmission
50.04.02.04 Identify symptoms of infection and methods for prevention
50.04.02.05 Practice standard precautions
50.04.02.06 Identify the basic principles of infection control
50.04.02.07 Identify the conditions needed for microorganisms to grow
50.04.02.08 Differentiate between asepsis, disinfection, and sterilization

50.04.03.0 Practice standard precautions

50.04.03.01 Define terminology associated with standard precautions
50.04.03.02 Identify standard precautions for dealing with blood and body fluids
50.04.03.03 Employ established hand-washing technique
50.04.03.04 Wear personal protective equipment
50.04.03.05 Dispose of waste and soiled linen in accordance with facility policy
50.04.03.06 Perform disinfection of a unit

50.04.04.0 Practice isolation techniques

50.04.04.01 Identify different types of isolation techniques used in health care facilities
50.04.04.02 Identify the purposes of various isolation techniques
50.04.04.03 Employ strict isolation techniques
50.04.04.04 Employ respiratory isolation technique

50.04.05.0 Apply client restraints in accordance with safety principles

50.04.05.01 Identify ways of maintaining the environment and care so as to minimize the need for physical or chemical restraints
50.04.05.02 Identify the possible emotional implications of using restraints on resident/client
50.04.05.03 Identify when use of siderails is indicated
50.04.05.04 Identify the rationale for each protective device
50.04.05.05 Identify various types of chemical, physical, and environmental restraints
50.04.05.06 Identify instances in which use of restraints is indicated
50.04.05.07 Provide examples of the unnecessary use of physical and chemical restraints
50.04.05.08 Demonstrate safe application in using physical restraints
50.04.05.09 Identify observations that must be conducted when a resident/client is in restraints

50.04.06.0 Demonstrate the principles of body mechanics and ergonomics

50.04.06.01 Identify the principles of ergonomics and body mechanics
50.04.06.02 Identify the purpose of ergonomics and body mechanics
50.04.06.03 Apply the principles of body mechanics in lifting, moving, transferring, ambulating, and positioning resident/client
50.04.06.04 Define maximum permissible limit for lifting
50.04.06.05 Minimize use of excessive muscle/physical force
50.04.06.06 Identify common causes of back injuries

50.05.00.0 Legal and Ethical Responsibilities

50.05.01.0 Demonstrate ethical behavior

50.05.01.01 Identify examples of ethical and unethical nurse assistant behavior in the resident/client care setting
50.05.01.02 Apply ethical behavior in resident/client care situations
50.05.01.03 Demonstrate personal responsibility for own actions
50.05.01.04 Report observed unethical practices

50.05.02.0 Identify the legal responsibilities of a nurse assistant

50.05.02.01 Define terms associated with legal responsibilities
50.05.02.02 Identify the process for reporting and recording the abuse, neglect, and/or mistreatment of a
50.05.02.03 Identify types of incidents that must be reported
50.05.02.04 Identify situations in which a nurse assistant may be held liable for negligence
50.05.02.05 Identify situations in which a nurse assistant may be held liable for abuse
50.05.02.06 Identify situations in which a nurse assistant may be held liable for the misappropriation of funds
50.05.02.07 Identify the purpose of the chain of command
50.05.02.08 Identify consequences of not reporting abuse, neglect, or misappropriation of funds
50.05.02.09 Identify consequences for conviction of abuse

50.05.03.0 Safeguard long-term care resident/client against abuse,neglect, and/or misappropriation of funds

50.05.03.01 Identify examples of financial, physical, verbal, and psychosocial abuse and neglect
50.05.03.02 Identify the psychological impact on the resident/client of abuse, neglect, or misappropriation of funds
50.05.03.03 Identify ways health care personnel may abuse, neglect, or misappropriate funds from a resident/client (e.g., misuse of restraints)
50.05.03.04 Employ accepted strategies for stopping abuse, neglect, or misappropriation of funds by health care personnel
50.05.03.05 Take action in accordance with established procedures when abuse, neglect, or misappropriation of funds is suspected or witnessed
50.05.03.06 Report suspected or witnessed abuse, neglect, or misappropriation of funds
50.05.03.07 Assist resident/client in grievance proceedings and other activities to protect their rights
50.05.03.08 Identify community resources for protecting the long-term care resident/client from abuse, neglect, or misappropriation of funds
50.05.03.09 Identify the importance of long-term care resident/client and family education regarding potential abuse, neglect, or misappropriation of funds

50.05.04.0 Assist in ensuring the rights of a resident/client

50.05.04.01 Identify the nurse assistant's role in ensuring a resident/client's rights
50.05.04.02 Distinguish between human rights, civil rights, and a resident/client rights
50.05.04.03 Follow the provisions of the American Hospital Association's A Patient's Bill of Rights and the Ohio Revised Code's Resident's Bill of Rights
50.05.04.04 Assist a resident/client in using the services of the Ohio Ombudsman Program

50.05.05.0 Promote resident/client independence

50.05.05.01 Identify reasons for promoting resident/client independence
50.05.05.02 Identify the long-term and short-term goals of promoting resident/client independence
50.05.05.03 Identify the relationship between a resident/client's rights and the promotion of independence
50.05.05.04 Identify physical and psychosocial losses that affect independence
50.05.05.05 Identify aspects of independent living that a resident/client in long-term care loses upon admission to the facility
50.05.05.06 Provide training for self-care according to resident/client's capabilities
50.05.05.07 Identify the importance of involving a resident/client's family and/or support group in promoting the resident/client's independence
50.05.05.08 Provide assistance to resident/client participating in family and group activities
50.05.05.09 Help resident/client identify facility rules governing their conduct and responsibilities

50.06.00.0 Communication Skills

50.06.01.0 Apply effective verbal and nonverbal communication skills

50.06.01.01 Identify types of interpersonal communication
50.06.01.02 Identify the essential role of effective communication in all phases of health care
50.06.01.03 Identify techniques of effective verbal and nonverbal communication
50.06.01.04 Identify barriers to communication
50.06.01.05 Identify ways to improve verbal communication
50.06.01.06 Apply techniques for communicating with behaviorally or emotionally impaired resident/client
50.06.01.07 Apply techniques for communicating with mentally impaired resident/client
50.06.01.08 Apply techniques for communicating with resident/client with limited English proficiency or no English language ability
50.06.01.09 Apply techniques for communicating with hearing-impaired, speech-impaired, and vision-impaired resident/client
50.06.01.10 Apply techniques for communicating with resident/client with physical impairments
50.06.01.11 Interact one-on-one with resident/client
50.06.01.12 Demonstrate sensitivity to resident/client's emotional, social, and mental health through skillful, directed interaction
50.06.01.13 Identify the adjustments in communication techniques necessary for different levels of resident/client's understanding
50.06.01.14 Place/receive phone calls
50.06.01.15 Operate basic communication systems (e.g., intercom, facsimile (FAX) modem, voice mail system, pager system)
50.06.01.16 Communicate using an intercom system
50.06.01.17 Identify the procedure for answering a resident/client's call signal
50.06.01.18 Educate resident/client in the placement and use of the call system (signal light or button)
50.06.01.19 Identify the impact of the nurse assistant's attitude on his or her ability to communicate and interact effectively with resident/client, family members, and fellow staff members
50.06.01.20 Identify the person responsible for keeping the resident/client informed about his or her medical
50.06.01.21 Distinguish between factual reports and personal opinion
50.06.01.22 Apply accepted rules for spelling, grammar, and punctuation in written and oral communications
50.06.01.23 Write legibly

50.06.02.0 Identify common medical abbreviations, symbols, and terms

50.06.02.01 Define medical prefixes, suffixes, and word roots
50.06.02.02 Identify common medical terms and their abbreviations
50.06.02.03 Use medical abbreviations, symbols, and terms in context
50.06.02.04 Use standard professional terminology in all aspects of practice for nurse assistant

50.06.03.0 Manage resident/client data

50.06.03.01 Identify reasons why resident/client observation is important
50.06.03.02 Identify the purpose of medical records
50.06.03.03 Identify approved methods of documentation
50.06.03.04 Use all senses in head-to-toe observations
50.06.03.05 Distinguish between subjective and objective observations
50.06.03.06 Identify observations that must be reported immediately
50.06.03.07 Identify the legal aspects of medical records
50.06.03.08 Follow established procedures in correcting chart errors
50.06.03.09 Record documentation on specified forms
50.06.03.10 Use color coding in accordance with facility policy for ink charting

50.06.04.0 Inventory resident/client's personal property

50.06.04.01 Identify ways to ensure the security of resident/client's possessions
50.06.04.02 Identify facility policies and procedures regarding the inventorying and storage of resident/client's possessions
50.06.04.03 Identify facility policies and procedures regarding the retrieval of resident/client's possessions
50.06.04.04 Assist resident/client with reporting missing personal property

50.07.00.0 Basic Personal Care

50.07.01.0 Interact with resident/client

50.07.01.01 Explain importance and rationale of procedure to be performed
50.07.01.02 Identify the characteristics of different stages of growth and development
50.07.01.03 Identify attitudes and behaviors that promote interaction between the nurse assistant and resident/client
50.07.01.04 Maximize positive interaction with resident/client during personal care procedures
50.07.01.05 Provide opportunities for resident/client to express their thoughts and feelings
50.07.01.06 Acquaint resident/client with their physical environment
50.07.01.07 Assist resident/client in adjusting to changes of environment

50.07.02.0 Make a bed

50.07.02.01 Make a closed bed
50.07.02.02 Make an open bed
50.07.02.03 Make an occupied bed
50.07.02.04 Make a postoperative bed
50.07.02.05 Make a traction bed
50.07.02.06 Apply principles of body mechanics when making a bed
50.07.02.07 Ensure resident/client safety, comfort, and dignity when making a bed
50.07.02.08 Adjust bed height

50.07.03.0 Provide or assist with resident/client bath

50.07.03.01 Identify the purpose of bathing resident/client
50.07.03.02 Interpret bath thermometer reading
50.07.03.03 Give partial and complete a bed bath
50.07.03.04 Give a shower bath
50.07.03.05 Give a tub bath
50.07.03.06 Give a whirlpool bath
50.07.03.07 Identify the importance of resident/client positioning and draping
50.07.03.08 Ensure resident/client privacy and comfort
50.07.03.09 Report unusual conditions observed during bathing
50.07.03.10 Identify ways to promote resident/client independence in the bathing process

50.07.04.0 Provide skin care

50.07.04.01 Maintain skin integrity
50.07.04.02 Identify at-risk resident/client
50.07.04.03 Implement measures to prevent skin breakdown as directed
50.07.04.04 Report changes in skin condition
50.07.04.05 Provide special skin care as directed

50.07.05.0 Give a back rub

50.07.05.01 Identify the purposes of a back rub
50.07.05.02 Identify the conditions under which use of a back rub is indicated
50.07.05.03 Identify the purpose of using lotion in giving a back rub
50.07.05.04 Apply principles of body mechanics for nurse assistant and resident/client when giving back rub
50.07.05.05 Employ accepted technique for giving a back rub to resident/client

50.07.06.0 Provide perineal care

50.07.06.01 Identify the anatomy and physiology of the perineum
50.07.06.02 Identify the purpose of perineal care
50.07.06.03 Select the supplies and equipment needed
50.07.06.04 Observe and report unusual conditions of the perineum
50.07.06.05 Identify the feelings of the resident/client and nurse assistant related to perineal care
50.07.06.06 Employ accepted technique for providing perineal care to female and male resident/client

50.07.07.0 Assist with toileting

50.07.07.01 Assist resident/client in using a bedpan, fracture pan, and urinal
50.07.07.02 Assist resident/client in using a toilet and bedside commode
50.07.07.03 Provide resident/client with necessary toileting supplies
50.07.07.04 Assist with hygiene care as requested

50.07.08.0 Administer oral hygiene and denture care

50.07.08.01 Identify the goals of oral hygiene
50.07.08.02 Identify when oral hygiene is indicated
50.07.08.03 Identify the relationship of oral hygiene to optimal health
50.07.08.04 Identify methods of encrustation removal
50.07.08.05 Identify the conditions to look for in the oral cavity when administering oral hygiene
50.07.08.06 Identify differences in administering oral hygiene for a conscious and an unconscious resident/client
50.07.08.07 Clean teeth and gums using a toothbrush, swabs, and emollient
50.07.08.08 Identify types of dentures
50.07.08.09 Clean dentures

50.07.09.0 Provide foot care

50.07.09.01 Identify significant observations
50.07.09.02 Collect needed supplies and equipment
50.07.09.03 Select safe water temperature range
50.07.09.04 Wash resident/client's feet as directed
50.07.09.05 Dry feet thoroughly
50.07.09.06 Provide comfort measures as indicated
50.07.09.07 Document and/or report observations

50.07.10.0 Provide hair care

50.07.10.01 Explain to a resident/client the importance of routine hair care
50.07.10.02 Ensure maximum resident/client independence, preference, and dignity
50.07.10.03 Identify differences in hair care according to hair texture
50.07.10.04 Identify signs and symptoms of scalp disease
50.07.10.05 Select appropriate hair care products
50.07.10.06 Shampoo ambulatory resident/client
50.07.10.07 Shampoo nonambulatory resident/client
50.07.10.08 Brush resident/client's hair
50.07.10.09 Comb resident/client's hair

50.07.11.0 Provide nail care

50.07.11.01 Identify terms and gross anatomy related to nail care
50.07.11.02 Identify uses of nail care implements
50.07.11.03 Identify safety and hygiene concerns involved in daily nail care
50.07.11.04 Obtain permission from the head nurse before trimming or cutting nails
50.07.11.05 Trim resident/client's fingernails
50.07.11.06 File resident/client's fingernails

50.07.12.0 Provide facial hair care

50.07.12.01 Secure permission from designated individual prior to shaving a resident/client
50.07.12.02 Ensure maximum resident/client independence
50.07.12.03 Identify needed supplies
50.07.12.04 Identify the purposes and uses of preshave and after-shave lotions
50.07.12.05 Shave resident/client using an electric or safety razor according to resident/client's preference
50.07.12.06 Identify steps to take in case of a nick or cut
50.07.12.07 Trim facial hair

50.07.13.0 Change or help resident/client change clothing

50.07.13.01 Ensure maximum resident/client independence in clothing selection, dressing, and undressing
50.07.13.02 Apply established principles in assisting or dressing resident/client
50.07.13.03 Change clothing of resident/client with intravenous (IV) or other tubing
50.07.13.04 Use devices that assist resident/client in dressing
50.07.13.05 Change clothing of resident/client afflicted with decrease in physical mobility or decreased range of

50.07.14.0 Turn and position a resident/client

50.07.14.01 Identify the reasons for turning and positioning a resident/client in bed
50.07.14.02 Comply with the turning schedule
50.07.14.03 Apply principles of body mechanics for nurse assistant and resident/client when turning and positioning a resident/client
50.07.14.04 Turn and position a resident/client in proper alignment
50.07.14.05 Reposition a resident/client (e.g., in wheelchairs, gerichairs)
50.07.14.06 Provide comfort measures
50.07.14.07 Use various assistive devices to facilitate the turning/positioning process

50.07.15.0 Provide resident/client nutrition and hydration

50.07.15.01 Identify the importance of adequate nutrition and hydration
50.07.15.02 Identify nutrients and food groups
50.07.15.03 Identify the signs and symptoms of dehydration
50.07.15.04 Identify factors that affect the nutritional state of resident/client
50.07.15.05 Identify examples of modified and therapeutic diets
50.07.15.06 Identify regional, cultural, and religious food preferences
50.07.15.07 Identify special fluid orders (force fluids, restricted fluids, thickened fluids, and NPO)
50.07.15.08 Identify ways to encourage adequate fluid intake
50.07.15.09 Promote a positive mealtime atmosphere
50.07.15.10 Identify devices and techniques that promote resident/client independence
50.07.15.11 Employ accepted methods for feeding resident/client
50.07.15.12 Participate in the feeding process as requested
50.07.15.13 Identify ways to prevent choking
50.07.15.14 Report changes in eating habits
50.07.15.15 Identify nurse assistant's responsibilities for resident/client on therapeutic diet
50.07.15.16 Identify the nurse assistant's role in tube feeding
50.07.15.17 Identify alternative methods for food intake

50.07.16.0 Transfer a resident/client

50.07.16.01 Ensure maximum resident/client safety and independence during transfer
50.07.16.02 Apply principles of body mechanics and alignment for nurse assistant and resident/client during transfer
50.07.16.03 Identify situations that warrant the use of particular lifts
50.07.16.04 Transfer resident/client from a bed to a wheelchair or vice versa
50.07.16.05 Transfer resident/client to and from a wheelchair or geriatric chair
50.07.16.06 Transfer resident/client to and from a vehicle
50.07.16.07 Transfer resident/client from a cart/stretcher to a bed using a transfer board
50.07.16.08 Transfer resident/client using a portable mechanical lift
50.07.16.09 Transfer resident/client using two-person and three-person lifts
50.07.16.10 Observe resident/client condition prior to, during, and after transfer

50.07.17.0 Assist with ambulation

50.07.17.01 Identify situations in which resident/client may need assistance in ambulating
50.07.17.02 Ensure maximum independence and safety for resident/client who needs help in ambulating
50.07.17.03 Identify standard assistive devices and adaptive equipment and their uses
50.07.17.04 Assist resident/client in using assistive devices and adaptive equipment
50.07.17.05 Help resident/client move from a sitting or supine position to a standing position
50.07.17.06 Assist resident/client in ambulating with a cane, walker, or crutches
50.07.17.07 Help resident/client with balance in sitting, walking, and standing
50.07.17.08 Identify signs of distress related to ambulation
50.07.17.09 Contribute to the development and implementation of ambulation development care

50.08.00.0 Vital Signs

50.08.01.0 Measure/record temperature

50.08.01.01 Identify normal range and average temperature (e.g., oral, axillary, tympanic and rectal methods)
50.08.01.02 Identify normal causes of variation of body temperature
50.08.01.03 Select route for measuring temperature
50.08.01.04 Demonstrate the procedures for using different methods to measure temperature (e.g., oral method, axillary method, rectal method, and tympanic method)
50.08.01.05 Record/report temperature measurement
50.08.01.06 Clean/store thermometer

50.08.02.0 Measure/record pulse

50.08.02.01 Identify the most common and most accurate pulse sites
50.08.02.02 Identify criteria for selecting a pulse site
50.08.02.03 Identify normal pulse range for different age groups
50.08.02.04 Measure rate and rhythm of pulse
50.08.02.05 Identify factors that may affect pulse rate
50.08.02.06 Identify variations from normal pulse that should be reported
50.08.02.07 Record/report pulse measurement

50.08.03.0 Measure/record respiration

50.08.03.01 Identify normal respiratory rate for different age groups
50.08.03.02 Measure rate, depth, and rhythm of respiration
50.08.03.03 Identify factors that may affect respiration
50.08.03.04 Report signs of compromised respiration
50.08.03.05 Record/report respiration measurement

50.08.04.0 Measure/record blood pressure

50.08.04.01 Follow facility policy regarding nurse assistant's role in the measuring and recording of blood pressure
50.08.04.02 Identify normal range of blood pressure for different age groups
50.08.04.03 Identify equipment used for taking blood pressure
50.08.04.04 Identify various cuff sizes and their effect on accurate blood pressure reading
50.08.04.05 Measure blood pressure using a stethoscope and sphygmomanometer
50.08.04.06 Identify factors that affect blood pressure
50.08.04.07 Identify variations from normal blood pressure that should be reported
50.08.04.08 Record/report blood pressure measurement

50.08.05.0 Measure/record height and weight
- 50.08.05.01 Identify the medical implications of height and weight
- 50.08.05.02 Identify procedures for ensuring accurate weight measurement
- 50.08.05.03 Measure resident/client's weight using appropriate type of scale
- 50.08.05.04 Read whole numbers and fractions on scale
- 50.08.05.05 Report abnormal weight loss or gain
- 50.08.05.06 Measure height of an ambulatory and/or bedfast resident/client
- 50.08.05.07 Chart height and weight measurements on specified forms

50.09.00.0 Nurse-Related Procedures

50.09.01.0 Assist with admissions, transfers, and discharges
- 50.09.01.01 Display sensitivity to resident/client feelings during admission, transfer, and/or discharge
- 50.09.01.02 Assist resident/client during admission in accordance with facility policy
- 50.09.01.03 Assist with assessment procedures as directed by nurse
- 50.09.01.04 Assist resident/client during transfer in accordance with facility policy
- 50.09.01.05 Assist resident/client during discharge in accordance with facility policy

50.09.02.0 Document activities of daily living (ADL)
- 50.09.02.01 Identify major categories of activity in ADL
- 50.09.02.02 Identify the purpose of promoting resident/client independence in ADL
- 50.09.02.03 Identify strategies for encouraging maximum resident/client independence in ADL
- 50.09.02.04 Observe ADL
- 50.09.02.05 Record ADL in accordance with facility policy
- 50.09.02.06 Report ADL in accordance with facility policy

50.09.03.0 Document resident/client orientation to person, place, and time
- 50.09.03.01 Ask questions to elicit resident/client's orientation to person, place, and time
- 50.09.03.02 Identify circumstances that can cause changes in orientation
- 50.09.03.03 Report changes in resident/client's orientation to person, place, or time
- 50.09.03.04 Identify ways to help reorient resident/client to person, place, and time if appropriate

50.09.04.0 Measure intake and output (I & O)
- 50.09.04.01 Identify the reasons for monitoring and recording intake and output
- 50.09.04.02 Identify foods considered to be liquid
- 50.09.04.03 Identify different forms of output
- 50.09.04.04 Identify the tools used for measuring intake and output
- 50.09.04.05 Measure fluids using the metric system
- 50.09.04.06 Calculate intake and output
- 50.09.04.07 Complete specified intake and output sheet
- 50.09.04.08 Report abnormal findings

50.09.05.0 Apply cold or warm compresses
- 50.09.05.01 Identify situations when a cold or warm compress may be ordered
- 50.09.05.02 Identify types of cold and warm compresses
- 50.09.05.03 Follow established procedure in applying a cold or warm compress
- 50.09.05.04 Report observations concerning effects of cold and warm compresses

50.09.06.0 Assist resident/client with a sitz bath
- 50.09.06.01 Identify types of sitz baths
- 50.09.06.02 Identify the effective temperature range for the water in a sitz bath
- 50.09.06.03 Check water temperature using a bath thermometer
- 50.09.06.04 Check water temperature without a thermometer
- 50.09.06.05 Assist resident/client into and out of a sitz bath
- 50.09.06.06 Report observations concerning effects of sitz bath

50.09.07.0 Provide decubitus prevention and care
- 50.09.07.01 Identify terms and abbreviations associated with decubiti
- 50.09.07.02 Identify causes of decubiti
- 50.09.07.03 Identify symptoms of potential decubitus formation
- 50.09.07.04 Implement measures to help prevent decubiti
- 50.09.07.05 Identify places on body to check for a decubitus
- 50.09.07.06 Report objective signs of healing or worsening of a decubitus
- 50.09.07.07 Identify the legal implications of failure to follow the care plan

50.09.08.0 Apply antiembolism hose
- 50.09.08.01 Identify causes of embolism
- 50.09.08.02 Identify types and sizes of antiembolism hose
- 50.09.08.03 Identify the purpose of antiembolism hose
- 50.09.08.04 Identify the side effects associated with the improper use of antiembolism hose on a resident/client
- 50.09.08.05 Demonstrate proper application of antiembolism hose

50.09.09.0 Assist with braces or prostheses

50.09.09.01 Identify different types of braces and prosthetic devices and the purposes of each (e.g., those used for ambulation, cosmetic purposes, auditory or vision enhancement)
50.09.09.02 Identify skin care issues related to the use of a brace or artificial limb
50.09.09.03 Acknowledge the expertise and preferences of the resident/client regarding his/her brace or prosthesis
50.09.09.04 Apply braces or prosthetic devices as ordered
50.09.09.05 Clean braces and prosthetic devices
50.09.09.06 Store braces and prosthetic devices
50.09.09.07 Ensure proper identification of braces and prosthetic devices

50.09.10.0 Assist in preparing a resident/client for surgery*

50.09.10.01 Identify common psychological reactions to surgery
50.09.10.02 Offer support to surgical resident/client's family members
50.09.10.03 Reinforce pre-operative teaching
50.09.10.04 Identify actions that should be taken before surgery
50.09.10.05 Prepare resident/client for surgery as directed

50.09.11.0 Assist a resident/client with postoperative care*

50.09.11.01 Prepare unit to receive patient from surgery*
50.09.11.02 Identify what should be done for a resident/client returning from surgery
50.09.11.03 Identify potential complications of surgery
50.09.11.04 Identify the steps in the healing process and factors that support healing
50.09.11.05 Use all senses in observing the postoperative resident/client
50.09.11.06 Identify symptoms that should be reported immediately
50.09.11.07 Assist with coughing and deep-breathing exercises
50.09.11.08 Assist with turning a resident/client as directed
50.09.11.09 Demonstrate sensitivity around post-operative patients (e.g., use careful conversation)
50.09.11.10 Report actions taken and observations made

50.09.12.0 Collect sputum specimen*

50.09.12.01 Describe sputum characteristics
50.09.12.02 Distinguish between sputum and saliva
50.09.12.03 Prepare a resident/client for sputum collection
50.09.12.04 Follow established procedures in collecting and disposing of sputum

50.09.13.0 Collect urine for testing

50.09.13.01 Identify the reasons for routine urinalysis
50.09.13.02 Identify the reasons for urine collection
50.09.13.03 Identify the purpose of obtaining clean-catch urine specimen
50.09.13.04 Identify instructions for male and female resident/clients when a clean-catch urine specimen is required
50.09.13.05 Instruct a resident/client on the procedure for collecting urine specimen
50.09.13.06 Assist a resident/client as requested
50.09.13.07 Complete collection and disposition procedures

50.09.14.0 Provide care for incontinent resident/client (bowel and bladder)

50.09.14.01 Identify causes of incontinence
50.09.14.02 Follow the care plan for incontinent resident/client
50.09.14.03 Identify the psychological, physical, and social effects of incontinence
50.09.14.04 Provide skin care and perineal care for incontinent resident/client

50.09.15.0 Identify care and prevention procedures for a constipated resident/client with impaired bowel function

50.09.15.01 Identify the characteristics of normal and abnormal bowel elimination
50.09.15.02 Identify signs that may indicate a resident/client is constipated
50.09.15.03 Implement measures to prevent impaction and/or alleviate constipation as directed
50.09.15.04 Observe/report/record bowel functions

50.09.16.0 Assist with urinary catheter care

50.09.16.01 Identify how a urinary catheter works
50.09.16.02 Differentiate between various types of urinary catheters
50.09.16.03 Identify measures for avoiding injuring the bladder opening with the catheter
50.09.16.04 Position the catheter, tubing, and collection bag
50.09.16.05 Maintain a closed system
50.09.16.06 Apply external catheter
50.09.16.07 Empty/measure contents of drainage bag

50.09.17.0 Collect a stool specimen

50.09.17.01 Collect necessary supplies
50.09.17.02 Identify the characteristics of a normal stool
50.09.17.03 Follow established procedures in collecting and disposing of a stool specimen
50.09.17.04 Report results and/or observations

50.09.18.0 Give an enema*

50.09.18.01 Describe the physical conditions necessary for the administration of an enema
50.09.18.02 Collect necessary supplies
50.09.18.03 Perform enema procedure as directed
50.09.18.04 Report results and observations

50.09.19.0 Assist with oxygen administration

50.09.19.01 Identify key terms and abbreviations associated with oxygen therapy
50.09.19.02 Identify conditions that may require oxygen administration
50.09.19.03 Identify ways of administering oxygen
50.09.19.04 Follow safety precautions for oxygen use
50.09.19.05 Provide personal care for resident/client receiving oxygen
50.09.19.06 Report abnormal signs associated with oxygen administration

50.09.20.0 Provide personal care for resident/client receiving intravenous

50.09.20.01 Identify the purpose of IV therapy
50.09.20.02 Observe/report adverse reactions to the IV therapy
50.09.20.03 Provide care for the IV when moving or transferring resident/client
50.09.20.04 Change resident/client's clothing with the IV in place

50.10.00.0 Death and dying

50.10.01.0 Assist with a dying resident/client

50.10.01.01 Identify resident/client status as code or no code
50.10.01.02 Identify the five stages of dying and death
50.10.01.03 Employ accepted strategies for meeting the emotional needs of a dying resident/client
50.10.01.04 Employ accepted strategies for meeting the physical needs of a dying resident/client
50.10.01.05 Employ accepted strategies for meeting the social needs of a dying resident/client
50.10.01.06 Describe the physical signs of imminent death
50.10.01.07 Identify religious and cultural rites associated with dying and their significance to resident/client and the families
50.10.01.08 Identify ways to involve the dying resident/client's human support system in providing resident/client care
50.10.01.09 Identify the possible responses of others (e.g., other residential resident/client, staff, family) to the death of a residential resident/client

50.10.02.0 Assist with postmortem care

50.10.02.01 Identify religious and cultural rites and facility policies associated with postmortem care
50.10.02.02 Demonstrate respect and gentleness in caring for the deceased
50.10.02.03 Comply with established procedures for the discreet removal of the deceased

50.11.00.0 Care of Elderly Resident/Client

50.11.01.0 Demonstrate knowledge of the aging process and its effects

50.11.01.01 Identify influences of aging on personality development
50.11.01.02 Identify ways to help elderly resident/client accomplish developmental tasks by encouraging independence and optimal self-care
50.11.01.03 Identify the skills necessary to support appropriate behavior and allow resident/client to make personal choices and maintain their dignity
50.11.01.04 Identify the principles of behavior management (e.g., reinforce appropriate behavior, implement strategies to reduce or eliminate inappropriate behavior)
50.11.01.05 Identify age-related physical changes in each body system
50.11.01.06 Identify mental changes related to aging
50.11.01.07 Identify social and sexual changes related to aging
50.11.01.08 Identify appropriate nurse assistant responses to sexuality issues, including the handling of perceived sexual advances by a resident/client
50.11.01.09 Identify special safety concerns in the care of elderly resident/client
50.11.01.10 Identify stereotypic myths concerning the elderly
50.11.01.11 Identify basic facts and statistics related to the elderly

50.11.02.0 Provide emotional support to elderly resident/client

50.11.02.01 Identify sources of support
50.11.02.02 Identify the security, social, status, and self-fulfillment needs of elderly resident/client
50.11.02.03 Distinguish between stress and distress
50.11.02.04 Identify common causes of stress in elderly resident/client
50.11.02.05 Identify nursing actions that can cause stress
50.11.02.06 Identify positive and negative mechanisms for coping with stress
50.11.02.07 Identify attitudes and living habits that promote positive mental and physical health for the elderly
50.11.02.08 Employ accepted strategies for helping elderly resident/client meet her/his emotional needs for security
50.11.02.09 Employ accepted strategies for helping elderly resident/client meet her/his needs for acceptance and social interaction
50.11.02.10 Employ accepted strategies for helping elderly resident/client meet her/his needs for self-fulfillment
1KEmploy positive methods for modifying own behavior in response to resident/client's behavior
50.11.02.11 Identify items of special significance in the resident/client's environment
50.11.02.12 Identify how the caregiver's feelings can impact on his/her ability to care for others
50.11.02.13 Identify appropriate recreational activities for resident/client in nursing home setting

50.11.03.0 Identify illnesses, physical disorders, and diseases common to the

50.11.03.01 Recognize the signs and symptoms of common diseases and conditions
50.11.03.02 Identify common illnesses, physical disorders, and diseases of the elderly (e.g., CVA, COPD, CHF, arthritis, diabetes. osteoporosis)
50.11.03.03 Identify safety concerns associated with identified illnesses and physical disorders
50.11.03.04 Describe the psychosocial impact of identified diseases and conditions on the resident/client, the resident/client's family and friends, and the health care team
50.11.03.05 Identify support strategies and resources associated with identified conditions and diseases
50.11.03.06 Contribute to the assessment, planning, and evaluation of nursing care for elderly resident/client with a disease or disorder
50.11.03.07 Recognize abnormal signs and symptoms of common diseases and conditions of elderly
50.11.03.08 Follow established procedures for reporting abnormal signs and symptoms of common diseases and conditions in the elderly

50.11.04.0 Contribute to the assessment, planning, and evaluation of nursing care for an elderly resident/client with mental disorders

50.11.04.01 Identify the most common mental illnesses of elderly resident/clients (e.g., depression, bipolar disorder, schizophrenia)
50.11.04.02 Identify the etiology, treatment modes, and nursing care associated with common mental illness or mental retardation
50.11.04.03 Identify the safety needs of elderly resident/client with mental disorder
50.11.04.04 Assist in planning safe environment for mentally ill/mentally retarded resident/client and associated staff and family
50.11.04.05 Recognize common signs of suicidal behavior
50.11.04.06 Report observed changes in behavior or increased incidence of abnormal behavior
50.11.04.07 Identify appropriate responses to the behavior of mentally ill or mentally retarded resident/client
50.11.04.08 Apply principles of behavior management
50.11.04.09 Identify ways to handle the burnout and stress related to caring for mentally ill or mentally retarded resident/client
50.11.04.10 Identify community support groups for families of mentally ill or mentally retarded resident/client

50.11.05.0 Provide care for an Alzheimer's and related dementia

50.11.05.01 Identify the causes, symptoms, and psychosocial implications of resident/client confusion or withdrawal
50.11.05.02 Apply accepted individualized interventions as directed
50.11.05.03 Describe the disease process and stages of Alzheimer's disease
50.11.05.04 Identify positive ways to modify own behavior in response to resident/client behavior
50.11.05.05 Report changes in resident/client's physical and mental status
50.11.05.06 Distinguish between dementia, delirium, and depression
50.11.05.07 Identify behaviors of Alzheimer's/dementia resident and how to accommodate
50.11.05.08 Describe ways to accommodate an Alzheimer's/dementia resident
50.11.05.09 Identify effective methods of communicating with an Alzheimer's/dementia resident/client
50.11.05.10 Identify methods to manage combative and wandering behaviors in Alzheimer's/dementia resident/client

50.11.06.0 Assist a resident/client in relaxing and sleeping

50.11.06.01 Identify factors that influence a resident/client's sleep
50.11.06.02 Identify action nurse assistant can take to help a resident/client sleep
50.11.06.03 Support a resident/client preferences and sleep/wake habits
50.11.06.04 Identify relaxation techniques

50.12.00.0 Care of Resident/Client with Special Needs

50.12.01.0 Identify special conditions (e.g., multiple sclerosis, cerebral palsy, traumatic injuries, developmental disabilities, ventilator dependent resident/client)

50.12.01.01 Demonstrate resident's level of participation in restorative activity
50.12.01.02 Describe the psychosocial impact of identified diseases and conditions on the resident/client, the resident/client's family and friends, and the health care team
50.12.01.03 Identify community support groups
50.12.01.04 Identify support strategies and resources
50.12.01.05 Identify safety concerns for a special needs resident

50.12.02.0 Demonstrate knowledge of needs of special resident (e.g.,adaptive equipment and methods

50.12.02.01 Identify adaptive tools (e.g., food utensils, mobility devices, communication devices)
50.12.02.02 Identify safety devices (e.g., helmets, padded rails, mats, lap buddies)

50.13.00.0 Restorative Duties

50.13.01.0 Demonstrate knowledge of restorative care basics

50.13.01.01 Explain the importance of cooperation among members of the health care team to training success
50.13.01.02 Define restorative care
50.13.01.03 Identify the requirements of restorative care
50.13.01.04 Identify approaches to restoring resident/client's independence
50.13.01.05 Define terminology for restorative care
50.13.01.06 Identify outcomes of restorative care
50.13.01.07 Identify documentation requirements for restorative care
50.13.01.08 Identify equipment used in restorative care (e.g., splints, braces, adaptive equipment)

50.13.02.0 Implement bladder and bowel training

50.13.02.01 Identify the purpose of bowel and bladder training
50.13.02.02 Identify the importance of patience, empathy, and positive reinforcement to the success of bladder and bowel training
50.13.02.03 Document/report outcomes and results

50.13.03.0 Provide range-of-motion exercises

50.13.03.01 Identify the principles and rules governing range-of-motion exercises
50.13.03.02 Identify different types of range of motion exercises
50.13.03.03 Identify types of resident/client who requires range-of-motion exercises
50.13.03.04 Apply the principles of body mechanics in performing range-of-motion exercises
50.13.03.05 Observe resident/client during range-of-motion exercises
50.13.03.06 Report/document observations and outcomes
50.13.03.07 Implement measures that help prevent complications of immobility as directed

50.13.04.0 Assist in implementing behavior management/reinforcement plans

50.13.04.01 Identify terms associated with behavior management/reinforcement theory
50.13.04.02 Identify appropriate responses to abnormal behavior
50.13.04.03 Manage/reinforce behavior in accordance with the established plan
50.13.04.04 Identify ethical concerns related to use of behavior management/reinforcement techniques

50.13.05.0 Assist in implementing communication development and reinforcement plans

50.13.05.01 Identify terms associated with alterations in resident/client's ability to communicate
50.13.05.02 Develop/reinforce communication in accordance with the established plan
50.13.05.03 Use devices designed to enhance communication skills
50.13.05.04 Identify appropriate responses to resident/client's attempts to communicate
50.13.05.05 Identify ethical concerns regarding communication and confidentiality

50.13.06.0 Provide assistance and/or training in the activities of daily living

50.13.06.01 Demonstrate appropriate assistive devices in ADL
50.13.06.02 Assist in implementing the care plan to improve or restore ADL
50.13.06.03 Identify training needs
50.13.06.04 Document observations and outcomes
50.13.06.05 Describe utilization of restorative devices/equipment and assistive equipment
50.13.06.06 Identify physical measures used in restorative care
50.13.06.07 Identify mechanical devices used in restorative care

50.14.00.0 Home Health Care

50.14.01.0 Demonstrate knowledge of the requirements for the provision of home health care

50.14.01.01 Differentiate between the roles and responsibilities of various direct care providers
50.14.01.02 Identify the procedure for becoming a state-approved home health assistant
50.14.01.03 Identify the responsibilities of a home health assistant in relation to the resident/client and supervisor (i.e., care is provided per directives of supervisor)
50.14.01.04 Identify the legal and ethical concerns of being a home health care provider

50.14.02.0 Provide for the special needs of a resident/client in home setting

50.14.02.01 Assist resident/client in using special safety devices
50.14.02.02 Provide a safe environment
50.14.02.03 Interact with resident/client and his/her families
50.14.02.04 Maintain records
50.14.02.05 Report to designated health professional

50.14.03.0 Perform homemaking tasks

50.14.03.01 Perform light housekeeping and laundry tasks
50.14.03.02 Provide assistance with meal preparation
50.14.03.03 Assist with household record keeping
50.14.03.04 Assist with infant and childcare

50.14.04.0 Perform special procedures

50.14.04.01 Adapt prior knowledge of basic resident/client care to home setting
50.14.04.02 Assist a resident/client with self-administration of over-the-counter and prescription medications
50.14.04.03 Assist with procedures as instructed by health-care team
50.14.04.04 Document observations and activities